Welcome to

The Planning Exchange
UNDERSTANDING THE LINKS BETWEEN TRANSPORTATION AND HEALTH: CASE STUDIES FROM THE FIELD

Ellen Zavisca, Knoxville (TN) TPO
Getting Your MPO Engaged in Policy Work
The three P’s

- Program: go take a walk!
- Project: building a trail where people can walk
- Policy: requiring walkability in development/ redevelopment
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A story from the field
2 key lessons

• Working on projects and programs
  – often reveals need for policies
  – creates relationships and trust that facilitate policy work
Other policy areas for MPOs

- Complete streets/routine accommodation for active transportation
  - At multiple levels: local, regional, state
- Local development regulations
- Health policy, such as through a community health council
- Vision Zero and other efforts to reduce traffic fatalities
Benefits of policy focus

- Saves time & effort – once the policy is in place
- Greater equity of outcomes
Challenges of policy focus

- It takes lots of time
- Requires bringing along multiple partners
- “Politics is a strong and slow boring of hard boards” – Max Weber